

Our PE Provision

Intent

At Plympton St. Maurice Primary School, we want children to

- Develop fundamental movements skills to become increasingly competent and confident in a board range of activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dance and gymnastic routines to others.
- Enjoy and take part in a broad range of activities that support their health, fitness, and wellbeing.
- Be able to swim by the time they leave primary school.

Implementation

The PE curriculum is taught through a combination of Power of PE and Cambridgeshire PE. Both schemes offer adaptations and extensions that the class teacher can choose to use if they are needed. Each class has access to 2 hours of PE lessons a week, which are either taught by the class teacher or by PE specialist such as Plymouth Argyle coaches or Plymouth School Sports Partnership. Our PE curriculum is mapped out to ensure that children are able to enjoy a broad variety of activities, can build upon skills previously acquired and apply them to new activities.

Swimming lessons take place in year 4 over a period of 3 weeks. Children who do not meet the National Curriculum standard for swimming will be given the opportunity to repeat the lessons and may be given discounted lessons through Plympton swimming pool's Everyone Active programme. Children in year 2 take part in Balanceability and children in year 6 take part in bikeability.

We offer a wide range of extracurricular activities which are run by staff and outside agencies. This clubs are based on the children's interest and the demand for specific clubs and change every term. The children also take part in whole school active workshops that have included Skip2Bfit, Box2Bfit and wheelchair basketball.

Children also attend a range of competitive events outside of school which are run by Plymouth Schools Sports Partnership. These events include, Boccia, rowing, bowling and frisbee golf.

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Multi-skills Fundamentals Unit 1' Dance Nativity dance Gymnastics 'Fun Gym Shapes' Games 'Superheroes' Dance 'Toys'	Dance (Cambridgehsire) Gymnastics 'Jumping Jacks' HRE 'Health Related Exercise' Multi-skills 'Fundamentals Unit 1' Gymnastics	Gymnastics 'Shapes, Balance, Jumps, Rolls & Sequences' Dance Magical friendships Dance 'Great Fire of London' Gymnastics 'Points of Contact'	Gymnastics 'Patterns & Pathways' Games Ball handling (basketball) Dance 'Solar Systems' Athletics Athletics Games	Gymnastics 'Partner Balances & Mirroring' Dance Rugby & The Haka' Dance Cold Places' Gymnastics Principles of Balance' Games	Games 'Invasion Games: Hockey' Games Disc golf Gymnastics 'Counter Balancing, Symmetry/Asymmetry, Cannon/Unison' Dance	Games 'Striking & Fielding: Cricket' Gymnastics 'Group Work' Gymnastics 'Flight' Games 'Invasion Games: Hockey'

<p>Games ‘Fundamentals Unit 2’ Gymnastics ‘Mini-beast’ Gymnastics ‘Move and Hold’ Athletics Sports Day Preparations</p>	<p>‘Body Shapes, Balances, Travelling & Sequences’ Dance ‘Moving Words’ Games ‘Striking & Fielding’ Multi-skills ‘Fundamentals Unit 2’ Games ‘Multi Skills’ Gymnastics ‘Rock & Roll’ Athletics ‘Invictus’ Athletics Sports Day Preparations</p>	<p>Games ‘Fundamentals Unit 1’ Gymnastics ‘Ball, Tall & Wall’ HRE ‘Health Related Exercise’ Games Cricket Games ‘Striking & Fielding’ Games ‘Fundamentals Unit 2’ Athletics ‘Athletics’ & Sports Day Preparations OAA ‘Trails, trust and teamwork’</p>	<p>‘Hockey’ Gymnastics Hand Apparatus’ Gymnastics ‘Shapes, Jumps, Rolls, Taking Weight on Hands’ Dance Egyptians Games ‘Cricket’ Games Tennis – net and barrier OAA South Downs (SSP) Athletics ‘Challenges’</p>	<p>‘Tag Rugby’ Games ‘Net Games: Tennis’ Games Invasion Games: ‘Hockey’ OAA Unit? Swimming Plympton Pool</p>	<p>‘Dance Styles’ Games ‘Net & Barrier: Tennis’ Games ‘Invasion Games: Netball’ OAA South Downs SSP Gymnastics ‘Pair Composition’ Athletics ‘Heptathlon’ Games ‘Striking & Fielding: Rounders’ Athletics Power of PE OAA Cooperation</p>	<p>Games ‘Invasion Games: Basketball’ Games ‘Net & Barrier: Tennis’ OAA South Downs SSP Games ‘Invasion Games: Tag Rugby’ Dance (Power of PE) Health Related Fitness PSSP Athletics ‘Decathlon’ OAA ‘Cooperation, Communication & Consideration’</p>
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Impact

The subject leader ensures that children have access to a wide range of physical activities through lessons, clubs, and events to allow them to experience sports that they might not usually have access to. The PE curriculum enables children to become physically confident while supporting their health, fitness and wellbeing. All teachers aim to inspire children to live active lifestyles outside of school.

Teacher’s assessment in PE takes place through lesson observations and uses the success criteria in Power of PE and the end of unit core tasks Cambridgeshire PE schemes.