



Dear Parent/ Carer of Pupils in Years 2 and 6 at Plympton St Maurice,

CAP UK is a school- based project that works with the whole school community to reduce children's vulnerability to abuse. CAP equips children with the skills and strategies necessary to stay safe from harm and encourages them to grow up to be strong and confident young people.

Our project generally works with primary aged school children and we will shortly be working with the children in Years 2 and 6. The workshops will run on:-

Monday 20<sup>th</sup> September, Tuesday 21<sup>st</sup> September and Wednesday 22<sup>nd</sup> September 2021.

The content of the workshops will include keeping safe around other children who might be being mean to them, around strangers (including online safety for the older children), and around people they know.

The format of the workshops will be a combination of role-plays, and group discussion .

We very much look forward to working with your children to help to keep them SAFE STRONG and FREE and to empower them to keep safe in all situations. For more information about our charity and a short film showing parts of the children's workshops, please visit our web site:-

<https://safestrongfree.org.uk/parents/>

Kind regards,

Emma Hermon-Wright

Plymouth Team Leader, CAP UK

[www.safestrongfree.org.uk](http://www.safestrongfree.org.uk)