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Headteacher: Mrs. S. J Tustain B.Ed. (Hons)

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15<sup>th</sup> Sept 2021

Dear Parents,

We have been notified by a parent that their child has tested positive following a lateral flow device test and is now isolating whilst carrying out a PCR test.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England and the family. This letter is to inform you of the current situation and provide advice on how to support your child. **Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.**

**PHE have advised that all pupils and staff can continue to attend school and should your child develop symptoms, to take a PCR test.**

The school setting remains open and your child should continue to attend if they remain well. All parents are advised to continue with the routine twice weekly asymptomatic Lateral Flow Device COVID-19 testing of those aged 11 and above in the household.

**What to do if your child develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19**

Symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia).

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test and remain at home at least until the result is known and they are fever free (without medication) for at least 24 hours.

- If negative, the child can end self-isolation;
- If positive, the child should isolate until at least 10 days after their symptoms appear.

If the child has a positive test result, but does not have [symptoms](#), they should stay at home and self-isolate for 10 days from the date the positive test was taken. This isolation period will be extended if they go on to develop symptoms by counting 10 full days from the day following their symptom onset. Anyone with symptoms will be eligible for a PCR test (the normally available test type) and this can be arranged via <https://www.gov.uk/get-coronavirus-test> or by calling 119.

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## How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- get vaccinated – everyone aged 18 and over can book COVID-19 vaccination appointments now
- wash your hands with soap and water or use hand sanitiser regularly throughout the day
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- meet people outside and avoid crowded areas
- open doors and windows to let in fresh air if meeting people inside
- wear a face covering when it's hard to stay away from other people – particularly indoors or in crowded places
- participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>

## Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Many thanks for your support and understanding.

With kind regards



Mrs Sarah Jane Tustain  
Head teacher

